Estimating particulate matter levels

Particulate matter levels are measured as micrograms (μg) of particles per cubic meter of air. Most particle monitoring devices measure particulate matter with a median diameter of 10 micrometers or less (PM₁₀). An increasing number of monitors now measure smaller particles, also known as fine particles, which have median diameters of 2.5 micrometers or less (PM_{2.5}). In wildfire smoke, most particles are less than one micrometer, so the values obtained by measuring either PM₁₀ or PM_{2.5} are virtually interchangeable, and are treated as such in this document.

Communities with established air quality programs may issue public alerts based on predicted 24-hour average concentrations of particulate matter. Smoke emergencies need to be handled differently, however, as smoke concentrations generally tend to be very high for only a few hours at a time. These short-term peaks may cause some of the most deleterious health effects.

Another factor is public perception. Since smoke is so effective at scattering light, visibility changes drastically as smoke concentrations increase. Even without being told, the public can tell when the smoke is getting worse, and they want authorities to respond to changes as they are happening.

Many communities don't have continuous PM monitoring, and therefore need to estimate particle levels. Continuous PM monitors give an instant reading of particulate matter concentrations. However, visibility can sometimes serve as a good surrogate. Even in areas with monitors, this index can be useful, since smoke levels change constantly and can vary dramatically even between monitors that are near one another. A visibility index gives members of the public a quick way to assess smoke levels for themselves.

Table 1: Estimating particulate matter concentrations from visibility assessment

Categories	Visibility in Miles	Particulate matter levels* (1-hour average, μg/m³)
Good	10 miles and up	0 - 40
Moderate	6 to 9	41 - 80
Unhealthy for Sensitive Groups	3 to 5	81 - 175
Unhealthy	1 1/2 to 2 1/2	176 - 300
Very Unhealthy	1 to 1 1/4	301 - 500
Hazardous	3/4 mile or less	over 500

^{*}In wildfire smoke, most particles are less than one micrometer, so the values obtained by measuring either PM₁₀ or PM_{2.5} are virtually interchangeable, and are treated as such in this document. Therefore, in the table above, the different particle levels can be measured using either PM₁₀ or PM_{2.5} monitors.