

Fitting Instructions

Before assigning any respirator to be worn in a contaminated area, we recommend that a qualitative or quantitative fit check be performed before entering the workplace.

Fitting instructions must be followed each time the respirator is worn.

1. Place the respirator over the mouth and nose, then pull the harness over the crown of the head.
2. Take the bottom straps in both hands, place them at the back of the neck and hook them together.
3. Tighten the top straps first by pulling on ends to achieve a comfortable and secure fit.
4. Tighten bottom straps using either front or rear adjustments. (Strap tension may be decreased by pushing out on back side of buckles).



Fit Check

Perform a positive and/or negative pressure fit check each time the respirator is donned.

Positive pressure Face Fit check (all Filters except 3M™ 6035, 6038 / 2000 Series Filters).

1. Place the palm of the hand over the exhalation valve cover and exhale gently.
2. If the respirator bulges slightly and no air leakage between the face and the respirator is detected, a proper fit has been achieved.
3. If air leakage is detected, reposition the respirator on the face and/or readjust the tension of the strap to eliminate the leakage.
4. Repeat the above face fit check.
5. If you cannot achieve a proper fit, do not enter the contaminated area. See your supervisor.

Negative pressure face fit check (3M™ 6035, 6038 / 2000 Series Filters)

1. Push the filter cover down or press your thumbs into the central indentation of the filters, inhale gently and hold your breath for five or ten seconds.
2. If the respirator collapses slightly, a proper fit has been achieved.
3. If air leakage is detected, reposition the respirator on the face and/or readjust the tension of the straps to eliminate the leakage.
4. Repeat the above face fit check.
5. If you cannot achieve a proper fit, do not enter the contaminated area. See your supervisor.